

CONSULTATIONS AND PSYCHOTHERAPY FOR FAMILIES WITH CHILDREN UNDER THE AGE OF 6

Family transitions

→ becoming parents,
the birth of a sibling,
stages of a child's development

Extraordinary life events

→ migration, loss or death

Circumstances which put strain on your relationship with the child and his/her development

Parental separation

→ KET Consultations

We discuss with the family whether consultations or psychotherapy would be more helpful and then decide on a suitable setting. In both cases, our aim is to help the family gain a better understanding of their situation and problems, reflect on their relationships and expand their possibilities. We use play situations as well as conversations to achieve this. Where appropriate, we liaise with other institutions, professionals or individuals who play a role in supporting the family.

Our team includes both accredited psychotherapists and psychotherapists in training, and we approach our work from a psychodynamic and systemic perspective.

Disrupted or incomplete relationships between parents and children

→ Also in the context of
child protection measures

The fee is CHF 180 per hour for individual meetings and CHF 200 for family meetings. We are very willing to discuss possible funding sources or reductions on an individual basis.